



### **Unattached Athlete Information for the Spring Break Meets**

The March 8-9 Coastal Carolina Invitational and the March 14-16 Alan Connie Shamrock Invitational are both open to unattached and club athletes, who are not affiliated with a college team or redshirting pending the meet directors approval.

Both meets follow NCAA rules and use NCAA level implements. Entry fees are \$35 and must be paid on-line at direct athletics by the entry fee deadline for acceptance into the meet.

To be approved for entry into the meet and receive a password for direct athletics access, email the Meet Director Jeff Jacobs at [jjacobs@cityofmyrtlebeach.com](mailto:jjacobs@cityofmyrtlebeach.com) Please include your name if you are unattached or compete for a club, the events you are planning to enter and personal bests with date and site of performance.

If approved by the meet director you will receive a password so you can access the entry system and pay the entry fees by the deadlines.

Links to enter the meets on Direct Athletics:

Coastal Carolina Invitational (March 8-9): <https://www.directathletics.com/meets/track/58012.html>

Alan Connie shamrock invitational (March 14-16): <https://www.directathletics.com/meets/track/58014.html>

Please check the meet home pages for updates regarding the final schedule of events, performance lists and heat sheets.

When you arrive at the meet check in at the front gate to pick-up your bib number. Your bib number will allow you to enter the stadium and check-in for your events.

Thank you for your interest in our meets.