



2020 Coastal Carolina Invitational
Doug Shaw Memorial Stadium Myrtle Beach, South Carolina
FINAL REVISED Time Schedule Saturday March 14, 2020



Saturday March 14th

FIELD EVENTS

- 10:00am Men's Discus Throw (Top 9 advance to finals, 2 flights)
- 10:30am Women's Shot Put (Top 9 Advance to finals, 2 flights)
- 11:00am Men's High Jump (Opening height 1.70m/5' 7")
- 11:00am Men's Pole Vault (Opening height 3.66m/12' 0")
- 1:00pm Women's High Jump (Opening height 1.45m/4'9")
- 1:00pm Women's Discus Throw (Top 9 advance to finals, 2 flights)
- 1:30pm Men's Shot Put (Top 9 advance to finals, 1 flight)
- 3:00pm Men's Triple Jump (Top 9 advance to finals, 1 flight)
- 3:00pm Women's Triple Jump (Top 9 advance to finals, 1 flight)

TRACK EVENTS (Timed Section Finals run fast to slow)

- 10:30am 3000 Meter Women (2 sections)
- 11:00am 3000 Meter Men (1 sections)
- 11:20am 4x100 Meter Relay Women (1 section)
- 11:30am 4x100 Meter Relay Men (1 section)
- 11:40am Seeded 1500 Meter Women (1 section)
- 11:50am Seeded 1500 Meter Men (1 section)
- 12:10pm Seeded 100 Meter HH Women (3 sections)
- 12:30pm Seeded 110 Meter HH Men (2 sections)
- 12:50pm Seeded 400 Meter Women (1 sections)
- 1:00pm Seeded 400 Meter Men (3 sections)
- 1:15pm Seeded 100 Meter Women (2 sections)
- 1:25pm Seeded 100 Meter Men (2 sections)
- 1:40pm Seeded 800 Meter Women (1 sections)
- 1:50pm Seeded 800 Meter Men (1 sections)
- 2:15pm Seeded 400 Meter LH Women (3 sections)
- 2:30pm Seeded 400 Meter IH Men (2 sections)
- 2:50pm Seeded 200 Meter Women (2 sections)
- 3:00pm Seeded 200 Meter Men (2 sections)
- 3:20pm 3000 Meter Steeplechase Women (1 sections)
- 3:50pm 3000 Meter Steeplechase Men (1 sections)
- 4:20pm 4x400 Meter Relay Women (1 section)
- 4:30pm 4x400 Meter Relay Men (1 section)